

STAGE II – ADVANCED ESI COURSE



- Did you find STAGE I – ESI Mapping tool really effective?
- Would you like more confidence to use it in different contexts and with more complex client groups, such as mental health and couples?
- Do you like your interventions to be backed by research into neuro science?

Stage II – Advanced ESI is a two-day workshop exploring the more advanced levels of ego states in relation to brain function. It is available to those students who have already completed Stage I - ESI®. By doing this course you will be equipped to work more efficiently with dysfunction.

The theory behind ESI is cutting edge psycho-dynamic and explained through neuro science. The ESI Mapping Tool has been developed and trialled in Australia by Jan Sky and received international recognition as breakthrough theory on ego states. *“The lineage from the first understandings of ego states to this book (The Many Parts of You, Sky, 2009) is clear: Federn, Weiss, Watkins, Emmerson, Sky.”* (Gordon Emmerson, PhD 2009).



Course Overview:

Stage II – Advanced ESI will prepare you to work across a variety of workplace areas, giving you a greater understanding of the brain and its function in relation to ego states. You will become proficient in using the Mapping Tool in both a therapeutic as well as a workplace situation. This tool is now considered a highly relevant Counselling and Coaching model. By attending this advanced workshop you will learn how to navigate the social landscape of the brain in relation to:

- How ego states develop in the brain
- Neural networks and how they relate to ego states and behavioural tendencies
- Mirror neurons and how to work with them effectively for change
- Helping clients to understand and manage mood and panic disorders
- Understanding simple trauma and generalised anxiety disorder using ESI maps
- Using ESI maps with children
- Using ESI maps with couples

We will teach you interventions that will set you apart from your colleagues and help you build a reputation in your industry that grows your business.

Who should attend?

Coaches, Counsellors, School Counsellors, Psychologists, Psychotherapists

More about Your Facilitator Jan Sky and ESI

Jan is an author, speaker, coach, corporate trainer and the creator of ESI®. She is passionate about developing people to their full potential and will teach you how to navigate the social landscape of your brain.

Jan is recognised as an international expert on behaviour change and her work is acknowledged in Europe, Asia, Australia and New Zealand. Her book **“The Many Parts of You”** has been translated into Finnish. She is a captivating facilitator that turns the difficult into simple.

ESI® has International Partners in Finland and New Zealand who continue to develop this highly effective tool to bring about change.

Key Learning Outcomes

- ✓ How ego states develop in the brain
- ✓ Ego states and behaviour tendencies
- ✓ Working with challenging behaviours
- ✓ Using the ESI Coaching model
- ✓ Working with children
- ✓ Working with couples
- ✓ Business and personal growth

Booking Form – Stage II – Advanced ESI



Workshop Pre-requisite – must have completed the one day Certificate Level Course and submitted a case study using the ESI mapping tool. Following completion of the Advanced Course training, participants may be considered to become an ESI Partner to deliver ESI training of the one day Certificate Level programs. Applications must be made in writing.

Email the completed Booking Form indicating payment method to:

jan@execstateid.com.au

Investment: \$660 full price ... \$550 Early Bird price booked and paid two weeks prior to course date

NAME: PHONE:

ADDRESS:

..... P/CODE:

EMAIL:

COMPANY: POSITION:

COURSE DATE: LOCATION:

REASON FOR DOING THE COURSE:

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Dietary Requirements:

TRAINING DATES 2016	LOCATIONS	VENUES	TIMES
18 & 19 February	Sydney	Sydney Ryde-Eastwood	Workshops run from: 9am – 4.30pm Refreshments provided, lunch from nearby cafes
13 & 14 May	Brisbane	Brisbane TBA	
INVESTMENT \$660 (includes GST) EARLY BIRD \$550 (booked and paid for two weeks prior to scheduled date)			

MY METHOD OF PAYMENT: Visa Mastercard (please indicate)

Card Account Number: _____

Cardholder's Name: Expiry Date: ____ / ____

Signature:

Payment WILL NOT be processed or cheques deposited until confirmation of course running

Cheque: \$..... (please make payable to **ESI International Pty Ltd**)

Direct deposit **AUSTRALIA:** BSB 064 471 / A/C No. 10524172 **ESI International Pty Ltd**

ABN: 67610849422

Direct deposit **NEW ZEALAND:** ANZ BANK A/C 01 1846 0035738 00

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